

THE CELIAC SHIFT'S NYC FOOD GUIDE SUMMER 2025



100% GLUTEN-FREE KITCHENS

Senza Gluten

(206 Sullivan Street)

Thyme & Tonic

(474 Columbus Ave - Upper West Side)

Posh Pop Bakeshop

(Times Square & West Village)

By The Way Bakery

(Upper East Side & Upper West Side)

Springbone Kitchen

(multiple city and Brooklyn locations)

Modern Bread & Bagel

(Multiple city locations)

Impact Kitchen

(NoMad and Williamsburg (opening 9/15))

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MIXED KITCHENS WITH STRONG GF OPTIONS

- Pizzarte**
(Midtown)
- Friedman's**
(Multiple Locations)
- Keste / Don Antonio**
(Midtown & West Village)
- S'Mac**
(East Village)
- Mastro's / Del Frisco's**
(Midtown)
- Arthur & Sons**
(West Village)
- Palma**
(West Village)
- Lilli and Loo**
(Upper East Side)
- Nizza**
(Hell's Kitchen)
- Anatoli 56**
(Midtown East)
- Roscioli NYC**
(SoHo)
- Union Square Café**
(Union Square)
- Coqodaq**
(Flatiron)
- Palma NYC**
28 Cornelia Street
- Pappardella NYC**
316 Columbus Avenue
- Keste Pizza**
77 Fulton Street
- Rubirosa NYC**
235 Mulberry Street
- Torrisi**
275 Mulberry Street
- Roscioli NYC**
43 MacDougal Street
- Serano's Italian**
132 W. 31st Street
- Semma**
660 Greenwich Ave
- PlantMade by Double
Zero & Bar Verde**
65 Second Ave

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BRUNCH

Bubby's
(Tribeca)

Spring Cafe
(near Chinatown)

Breakfast by Salt's Cure
(West Village)

Sonnyboy
(Lower East Side)

Columns Wine Bar
(Upper West Side)

Butcher's Daughter
(Nolita)

Two Hands
(SoHo + Tribeca)

**Senza Gluten by Jemiko Café
& Bakery**
(Greenwich Village / Hell's Kitchen)

Nami Nori
(West Village)

Risotteria Melotti
(East Village)

BURGERS

Schnippers
(Midtown)

The Counter
(Various Locations)

5 Napkin Burger
(Hell's Kitchen & Upper West Side)

Bob's Bar & Burger
(Rock Center)

Casa Thirteen
(Lower East Side)

Virginia's
(200 E 3rd Street)

Five Guys
(multiple location)

Cecchi's
(West Village)

Casa 13 Burger
(1 Delancey Street)

Casa Thirteen
(Lower East Side)

Thyme & Tonic
(Upper West Side)

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DESSERT

◆—————◆
Anita La Mamma del Gelato
(SoHo + Upper West Side)

***The GF is not stored in a separate freezer/ safety can depend on the location and staff)

By The Way Bakery
(Upper East Side & West Side)

Posh Pop Bakery
(Times Square and West Village)

Modern Bread and Bagel
(Multiple locations)

Levain Bakery
(amazing GF CC cookie)

Baked By Melissa
(mini cupcakes)

Magnolia Bakery
(They make GF banana pudding)

Maison Passerelle
(Downtown) good DF/ GF options

Hani's Bakery + Café
(Cooper Square)

Postcard
(West Village)